Staff & Student Publications 2019

May 2018

- Nithinkumar, Padmakiran C. A review on Interverrtebral disc as per Ayurveda.
 International Journal of Ayurveda and Pharmaceutical chemistry 2018; 8(3): 268 271
- Chethan Kumar VK, Sharashchandra R. Shraddha SR. Preparation of Hingwadi choorna: An ayurvedic formulation for bronchial asthma. The Pharma Innovation Journal 2018; 7(5):214-218.
- 3. Ashok Kumar B N, Vatsalya D Ghanekar, Comparartive Pharmaceutical Study of Pinda Taila and Khajita Pinda Taila, Ayushi International Interdisciplinary Research Journal 2018; 5(4):46-53.

July 2018

- 1. Dr. Ranjana K., Dr. Sudheendra V. Honwad and Dr. Shrinidhi R A Critical Review on Datura Upavisha and Its toxicity. International Journal of Ayurveda & Pharmaceutical Chemistry 2018; 9(1): 437-445.
- 2. Dr. Shabana B.S., Dr. Shrinidhi R. and Mr. Sudhakar Bhat. An Experimental evaluation of wound healing activity of Paranthyadi taila in wistar albino rats. The Pharma Innovation Journal 2018; 7(7): 773-778.
- 3. Dr. Kavitha K. V., Dr. Sudheendra V. Honwad. An Experimental study on the antidote effect of maricha (piper nigrum Linn) kashaya in vatsanabha (aconitum ferox) induced toxicity. The Pharma Innovation Journal 2018; 7(7):893-898.
- 4. Dr.Harshitha MS, Chethan Kumar VK. A Case report on fetal type variant of Posterior cerebral artery, Arya Vaidhyan, 2018;31(3): 41 -42.
- 5. Dr Ashok Kumar B N, Dr Vatsalya D Ghanekar, A clinical Study to evaluate the efficacy of Pinda Taila in the symptomatic management of daha and Shoola of Vatarakta w.s.r to Diabetic Neuropathy, International Journal of Ayurveda and Pharmaceutical Chemistry 2018; 9(1): 310-317.
- 6. Dr Padmakiran, Diagnosis And Management Of Cervical Radiculopathy An Ayurvedic Perspective, International Journal of Ayurveda and Pharmaceutical Chemistry 2018;9(1):148-156.
- 7. Satish BN, Mallya Suma V, Prabhu Suchitra; Authentication parameters of Habenaria longicorniculata J. Graham; medicinal orchid used in Ayurveda; Aryavaidyan 2018; 31(3);31-40.

August 2018

- 1. Dr. Bhavani V P., Dr. Sudheendra Honwad and Dr. Shrinidhi R. An Experimental evaluation of anti- inflammatory activity of Dashanga agada w.s.r to keeta visha (insect bite). The Pharma Innovation Journal 2018;7(8):223-226.
- 2. Dr. Shrilatha Kamath. A clinical study to evaluate the effect of kakajanghadi kwatha in the management of nidranasha/insomnia. AICPE HUMAN KINETICS. A journal of Physical Education and Fitness 2018;10(1):39-40
- Dr. Shrilatha Kamath. "A comparitive randomized clinical study to evaluate the effect of sadyo vamana and simhyadi kwatha in the management of tamaka shwasa/bronchial asthma". International Journal of Ayurveda and Pharmaceutical chemistry 2018;9(1) 209-217

September 2018

- Dr.Shrikanth.P, Prabhu Niranjan, Padigar Shrikanth P., Ravikrishna. A review and therapeutic potentials of Pichchilataru Persea macarantha a medicinal folk plant.
 International Journal of Ayurveda and Pharmaceutical Chemistry 2018; 9(2):468 -477.
- 2. Dr. Suma V. Mallya, Development of RAPD polymorphic DNA SCAR marker for identification of Thespesia populnea- A bark drug used in Ayurveda; www. wjpr.net 2018;7(16): 1155-64.
- 3. Rajmohan, Mallya Suma V, Mohammed Faisal, Sunil Kumar K N, B Ravishanker. Traditional method of preparation and development of quality standards for an edible vegetable fat Malabar tallow (Vateria indica L. Seed butter); Indian Journal of Natural Products and Resources. 2018; 9(1): 60-65
- 4. Dr Radhika, Dr Padmakiran, Dr Rajalaksmi M G, A comparative clinical study to evaluate the efficacy of sahacharadi taila kati basti in the management of vataja and vata kaphaja Gridhrasi, International Journal Of Ayurveda And Pharmaceutical Chemistry 2018;9(1):148-156.
- 5. Dr Mishanth Dhakal Dr Rajalaksmi M G And Dr Padmakiran, Application of snigdha sankara sweda in the management of janu sandhigata vata: A clinical study, International Journal Of Ayurveda And Pharmaceutical Chemistry 2018; 9(1):148-156.
- Manasa Rao, G. Shrinivasa Acharya. Efficacy of Lashuna Rasayana In Manibandha Marmabhighata. Aayushi International Interdisciplinary Research Journal (AIIRJ), 2018;5(9): 99-105.

7. Teena C G, Shrilatha Kamath. A Randomized Comparative Clinical Study Evaluating the Therapeutic Effect of Pippalyadi Kwatha and Paushkaradi Kwatha in Kaphaja Kasa (Chronic Bronchitis). Aayushi International Interdisciplinary Research Journal (AIIRJ) 2018;5(9):83-93

November 2018

- 1. Dr. Ranjana K., Dr. Sudheendra Honwad, Dr. Shrinidhi R. An experimental study on the antidote effect of changeri (oxalis corniculata linn) swarasa in dattura (datura metel linn) induced toxicity. Aryavaidyan 2018;31(4):35-43.
- Chethan Kumar V K, Nagaratna S J, Harshita ,Shubhangi Rathore An Ayurvedic approach to Gullian-Barre syndrome in children-a case report , Arya Vaidhyan 2018;31(4):21 – 26.
- 3. Dr Ashok Kumar BN, DrVatsalya D Ghanekar; A Comparative pharmaceutico clinical study to evaluate the efficacy of pindataila and kajithapindataila in symptomatic management of Daha and shoola of vatarakthaw.s.r. to Diabetic Neuropathy. Int J Ayu Pharm chem; 2018 9(3): 213 -220.
- 4. Dr Ashok Kumar BN, DrVatsalya D Ghanekar; A Clinical study to evaluate the efficacy of kajithapindatailasymptomatic management of Daha and shoolaof vatarakthaw.s.r. to Diabetic Neuropathy; Int J Ayu Pharm chem; 2018;9(3): 45-52.
- Dr Vidyashree, DrAparna Nandakumar, DrVathsalya D Ghanekar, Dr Ashok Kumar B.N.
 ,Dr Radhika RanjanGeethesh , DrRavindraAngadi; A Retrospective Study of Ghana Kalpana, ; Int J Ayu Pharm chem ; 2018;9(3): 119 -125.
- DrAparna Nandakumar, Drvidhyashree, Dr Ashok Kumar B.N., DrVidyananad Mohan, DrRavindraAngadi; A Critical review of logical aspects related to dravyasangraha(Collection of Drugs) w.s.r. to Audbhidadravyas (Herbal drugs); Int J Ayu Pharm chem; 2018;9(3) 75-81.
- 7. Dr. Amit Kumar Sharma, Dr. Prathviraj Puranik, Dr. Sharashchandra R. Clinical trial to evaluate the efficacy of Krimi Ghatini Vati on Pureeshaja Krimi W.S.R to Enterobius Vermicularis in children. Europena Journal of Pharmaceutical And medical research, 2018,5(11),421-426.
- 8. Dr. Prathviraj Puranik. An Ayurvedic approach on mucolipidosis Type II- A case report. Europena Journal of Pharmaceutical And medical research, 2018,5(11),427-429

December 2018

- 1. Dr. Arhanth Kumar A Kama Kautuhalam A monograph on Aphrodite care, Ancient Science of Life 2018; 37(2):1-5.
- 2. Dr. Eishan Jain, Dr. PrathvirajPuranik, Dr. Nagaratna J S. A randomized placebo controlled clinical trial to evaluate the efficacy of VidarikandadiChurna in the management of Balashosha W.S.R to underweight children. Europena Journal of Pharmaceutical And medical research, 2018;5(12):258-263
- 3. Shravya Chiplunkar, Chethan Kumar V K, Sharashchandra R. Preparation of Jwarahara syrup: Treatment for fever. The Pharma innovation Journal 2018; 7(12):249-253
- 4. Dr.Rajaneesh Giri brought out a text book on shalyatantra published by choukhamba orientalia

Staff & Student Achievements:

April 2018

 Dr. B. Ravishankar, Director, SDM Research Centre has been secured 'Life Time Achievement' award in the field of research by Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, GOI, New Delhi.

May 2018

 Dr Radhika Bhat, PG Scholar attended International Conference and presented paper on the topic "Pharmaceutico-analytical and experimental study of Shankha Dravaka w.s.r to anti-secretory, ulcer protective action on albino rats and spasmolytic activity on isolated intestines of albino rats." at Bankok-Thailand from 13th to 20th May 2018 and secured best paper award

June 2018

Swaccha Bharath Summer Internship (June- July 2018)

1. A team of 10 students (Internees) of our institution are enrolled to Swaccha Bharath Summer Internship (SBSI) by the Ministry of Human Resource Development, Government of India, 100 hours experiential program, towards Swacchata and making it as a Jan Andolan in the village selected. Dr. Kasturirangan, Internee is the team leader, Dr. Vidyalakshmi K, NSS Program Officer of the College is nominated as Nodal Officer. The team opted Kurkal Village of Udupi District for their Internship program and different programs are going on. The Swacchata programs are being telecasted in local

- TV Channels, published in News Papers by the local administrative bodies regularly. Kurkal Grama Panchayat has accepted to begin the segregation and disposal unit for plastic carry bags from the village as a result of continuous pressure and request of the SBSI team.
- 2. Dr.Nagaraj S., Professor, Dept. of Roganidana has been selected as Member of Board of Studies in Ayurveda (PG) in 134th meeting of Syndicate for a period of three years by Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru.
- 3. Dr. Shrikanth P, Professor, Dept. of Dravyaguna and Dr. Chethan Kumar V.K., Associate Professor, Dept. of Kaumarabhritya were selected as subject experts of Ph.D. Studies, RGUHS, Bangalore

July 2018

1. Dr. Ramadevi G., Professor, Dept. of Prasootitantra and Streeroga, Dr. Prathviraj Puranik, Professor, Dept. of Kaumarabhritya and Dr Rajalaxmi M.G., Associate Professor, Dept. of Panchakarma are recognized as guide for Ph.D studies in Prasootitantra & Streeroga, Kaumarabhritya and Panchakarma respectively by RGUHS, Bengaluru

August 2018

- Nagaraj S., Professor, Dept. of Roganidana has been selected as Member of Board of Studies in Ayurveda (PG) in 134th meeting of Syndicate for a period of three years by Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru.
- Shrikanth P, Professor, Dept. of Dravyaguna and Dr. Chethan Kumar V.K., Associate Professor, Dept. of Kaumarabhritya were selected as subject experts of Ph.D. Studies, RGUHS, Bangalore

October 2018

- 1. Raksharath R. Jain, III Prof. BAMS student is selected to represent RGUHS South Zone Inter University Hockey Men Tournament 2018-19 to be held on 4th to 14th November at Acharya Nagarjuna University, Guntur.
- 2. Panchami, PG Scholar, Dept. of Shareera Rachana is selected for RGUHS University level Ball badminton tournament.
- 3. Dr. Saritha T, Assistant Professor, Dept. of Roganidana participated International Seminar and presented a paper titled 'The role of reliability and validity in diagnosis and assessment of diseases in the field of Ayurveda' in International seminar on globalization

of Ayurveda organized by Maha Ayurveda Research & Medical Association at Panaji, Goa on 14th October 2018 and secured best paper award

November 2018

1. Mr. Chethan Kumar has secured first prize in Inter Collegiate State level Physique (category 60) competition like Body building, Weight lifting and Power lifting conducted at A.J. Medical College, Mangalore

December 2018

- 1. Swasthya Masa Inter Ayurveda College Competitions for the year 2018-19 was conducted by Ayurveda Academy during December 3rd to 5th December 2018 at the "Kannada Sahitya Parishath Hall, Chamarajpete, Bengaluru on the account of Dhanvanthari Jayanti. This intercollege competition was attended by 20 different colleges. 11 prizes were got from our students. A new rolling trophy for the overall champions was awarded to SDM Ayurveda College Udupi.
- 2. Dr Sushma Shenoy, PG Scholar attended a National level workshop "Nagarguna Sapthaha" and presented a paper titled 'Rational use of Lavana in vatasyaupakramaw.s.r to Sneha and its formulations' at Sri Sri College Bengaluru as a delegate on 6th and 7th December 2018 and secured best paper award.