

**S.D.M. LAW COLLEGE & CENTRE FOR POST GRADUATE STUDIES AND
RESEARCH IN LAW, MANGALORE-575003**



DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS



**ACHIEVEMENTS AND PARTICIPATION IN KARNATAKA STATE LAW UNIVERSITY
INTER COLLEGIATE TOURNAMENTS**

2022-23

SPORTS COMMITTEE 2022-23



Ms. Inchara (Sports Secretary),
Mr.Haneen, Bhagyashree, Ms.Shravya and Mr.Veekshith (Sports Coordinators)

BASKET BALL-MEN

College men team has participated in the K.S.L.U. Inter Collegiate Basketball tournament conducted by Kristu Jayanthi college of Law, Bangaluru on 21st December 2022with the following players.



Raghavendra Shenoy(Captain), Melson, Manoj, Dhruv, Rahul, Girish Nayak, Abhiram,
Sheldon,Anand Rao and Rohan

BASKET BALL-WOMEN

College women team has secured **RUNNERS UP** in the K.S.L.U. Inter Collegiate Basketball tournament conducted by Kristu Jayanthi college of Law, Bangaluru on 21st December 2022 with the following players.



Inchara (Captain), Sanjana Naik, Nimna Thangamma, Simsa, Thripthi, Shravya and Dhruvi

VOLLEYBALL-MEN

College mens team has participated in K.S.L.U. Inter Collegiate Volleyball tournament Organized by R L Law college, Dawanagere on 31st January 2023. Team secured **Fourth Place** with the following players.



Nishank (Captain), Sheldon, Veekshith, Shahad, Harikiran, Sazman, Athul, Manjunath ,Pratham and Adithya

CHESS- WOMEN

College women's team has participated in K.S.L.U. Inter Collegiate Chess tournament Organised by Anjuman Law college, Vijayapura on 23rd June 2023. Team secured SEVENTH POSITION with the following players.



Sneha Shenoy (Captain), Varsha Raja, Vaishnavi P, Kadeejath and Pareekshitha

CHESS-MEN

College men's team has participated in K.S.L.U. Inter Collegiate Chess tournament Organized by Anjuman Law College, Vijayapura on 23rd June 2023. Team secured FIFTH POSITION with the following players.



Dhruv (Captain), Gurunath, Sahithya Chowta, Mohd Rafik and Mohd Sahik

KABADDI-MEN

College mens team has participated in K.S.L.U. Inter Collegiate kabaddi tournament Organised by Saraswathi law college Chitradurga on 9th and 10th June 2023. Team lost in Pre- Quarter Finals with the following players.



Haneen (Captain), Khader Razi, Hrithik Shetty, Musthafa, Nishank, Sazman, Thouseef, Sweekar, Anjan Krishna and Hemantha

VOLLEYBALL

College women's team has participated in K.S.L.U. Inter Collegiate Volleyball tournament Organized by J S S Sakri Law college, Hubballi on 6th June 2023. Team lost in QUARTER FINALS with the following players.



Yashaswini (Captain), Harshitha, Sanjana, Bhagyashree, Shravya, Thrupthi, Varsha Raja, Renita, Shamma and Arpana

TENNICOIT

College Women's team has secured **THIRD PLACE** in the K.S.L.U. Inter Collegiate Tennikoit tournament conducted by Vunki Sannarudrappa Law college, Ballari on 7th March 2023 with the following players.



Yashaswini (Captain), Shravya, Prathika and Anusha

CROSS COUNTRY- MEN& WOMEN

College Men's and Women's team has participated in the KSLU intercollegiate Cross Country Championship held at Government Law College, Kolar on 20th & 21st January 2023 with the following runners.



Adithyan Mathew, Vikram, Harikrishnan, Prathap, Sooryadev and Shahad

Neelisha, Anjali, Limitha and Yashmitha

TABLE TENNIS

College women's team has participated in the K.S.L.U. Inter Collegiate Table Tennis tournament Organized by B V Bellad law college, Belgavi on 25th July 2023. Team secured **RUNNERS UP** with the following players.



Bhagyashree (Captain), Thanvitha and Deepthi

TABLE TENNIS

College men's team has participated in the K.S.L.U Inter Collegiate Table Tennis tournament Organized by B V Bellad law college, Belgavi on 25th July 2023. Team lost in **SEMI FINALS** with the following players.



Sheldon (Captain), Sahithya Chowta and Yakshith

FOOTBALL

College men's team has participated in the K.S.L.U Inter Collegiate Football tournament, Organized by Rammaiah college of Law, Bengaluru on 14th & 15th December 2022 with the following players.



Sheldon (Captain), Prince, Abhiram, Mrinal, Harikrishnan, Pratham, Rahul, Mazin, Anto, Afrid, Vyashnav, Akshav, Fareed, Prabhesh, Benzy and Brandon

THROW BALL

College Women's team has secured SECOND PLACE in the K.S.L.U. Inter Collegiate Throwball tournament conducted by Vunki Sannarudrappa Law college, Ballari on 7th March 2023 with the following players.



Thrupthi (Captain), Yashaswini, Sanjana, Bhagyashree, Shravya, Rakshitha, Prakruthi, Rishika, Yashaswini, Joshwitha, Anusha, Prathika and Nisha

SHUTTLE BADMINTON - WOMEN

College women's team has participated in the K.S.L.U Inter Collegiate Badminton tournament, Organised by S J M Law college, Chitradurga on 3rd and 4th July 2023 and secured RUNNERS UP with the following players.



Ms.Nisha (Captain) , Ms.Nimna Thangamma and Bindushree

SHUTTLE BADMINTON - MEN

College men's team has participated in the K.S.L.U Inter Collegiate Badminton tournament, Organised by S J M Law college, Chitradurga on 3rd and 4th July 2023 and Team lost in Quarter Finals with the following players.



Sheldon (Captain) , Sushanth, Manan, Atheeth and Pratham

**MR.SHAILESH MEMORIAL TROPHY AND CASH AWARD FOR BEST OUT GOING
SPORTS PERSON IN THE YEAR 2022-23**

**Goes To
MR. SHELDON HERMON TAURO OF 5th BBA. LL.B**

- 1. Represented Karnataka State Law University in Football and participated in South Zone Inter University football tournament held at Calicut.**
- 2. In the year 2018-19 represented college Athletics and Cross country teams**
- 3. In the year 2019-20 represented college Football, Volleyball and Cricket teams.**
- 4. In the year 2021-22 represented college Football, Badminton, Table Tennis, Cricket and Basketball teams**
- 5. In the year 2022-23 represented college Football, Badminton, Table Tennis, Volleyball and Cricket teams**



UNIVERSITY REPRESENTATIVES 2022-23

Flarvisha Velisha Monteiro
IV BA LLB

Represented Karnataka State Law University and participated in South Zone inter University Athletics Championship Held at Chennai and qualified for All India Inter University Athletics Championship held at Chennai During the year 2022-23 and secured 9th position.



Mrunal Chand M
V BBA LLB

Represented Karnataka State Law University in football and participated in South Zone inter university Football tournament held at Calicut in the year 2022-23.



**Mahammed Afrid
IV BA LLB**

Represented Karnataka State Law University in football and participated in South Zone inter university Football tournament held at Calicut in the year 2022-23.



**K Raghavendra Shenoy
II LLM**

Represented Karnataka State Law University in Basketball and participated South zone Inter University Basketball tournament held at Bangalore during the year 2022-23.



Mohammed Haneen

IV BA LLB

Represented Karnataka State Law University in Kabaddi and participated South zone Inter University Kabaddi tournament held at Bangalore during the year 2022-23.



**Mohammed Mustafa
III LLB(3 Years)**

Represented Karnataka State Law University in Kabaddi and participated South zone Inter University Kabaddi tournament held at Bangalore during the year 2022-23.



Akash S
V BA LLB

Represented Karnataka State Law University in Best Physique and participated All India Inter University Best Physique Competition held at Yenepoya University Mangalore during the year 2022-23.



OVERALL CHAMPIONS
Vth Year BBA,LL.B



ANNUAL SPORTS MEET – 2022-23

The college Annual sports meet was held on February 4th 2023 at Mangala stadium, Mangalore. **Sri.B.Ganeshananda** **Somayaji**,President **Bar**
Association,Bantwal(Alumnus,SDMLC)Inaugurated the Sports Meet.**Dr.Tharanath**,
Principal, Presided over the programme.









ANNUAL SPORTS MEET – 2022-23
LIST OF THE PRIZE WINNERS
(MEN SECTION)

Date of Competition 04/02/2023

Event	Name of the Athlete	Class	Place Secured
100 mts	Dhruv	3 rd B.A.LLB - A	Gold
	Pratham	2 nd BA.LLB- B	Silver
	Prithesh	1 st LLB	Bronze
200 mts	Aadithyan M Mathew	3 rd BA.LLB-B	Gold
	Dhruv	3 rd B.A.LLB-A	Silver
	Sahad	1 st LLB	Bronze
400 mts	Aadithyan M Mathew	3 rd BA.LLB - B	Gold
	Vikram	2 nd BA.LLB- A	Silver
	Jinanth	2 nd BA.LLB- B	Bronze
800 mts	Sheldon Tauro	5 th BBA. LL.B	Gold
	Nishank B H	5 th BA.LLB - B	Silver
	Karthik	4 th BA.LLB - A	Bronze
1500 mts	Nishank B H	5 th BA.LLB - B	Gold
	Ganesh KS	3 rd LL.B	Silver
	Vikram	2 nd BA.LLB- A	Bronze
Long Jump	Sahad	1 st LLB	Gold
	Harshith S	5 TH BA.LLB - B	Silver
	Akhilesh Shetty	3 rd LLB	Bronze
Shot Put	Arjun D K	1 st BBA.LL.B	Gold
	Athul	3 rd B.BA.LLB	Silver
	Shahajahan Abdullah	4 th B.BA.LLB	Bronze
Discuss	Vikas Varma	3 rd LL.B	Gold
	Nishan M K	2 nd LLB	Silver
	Mahan	1 st B.A.LLB-B	Bronze
Triple Jump	Aadithyan M Mathew	3 rd BA.LLB - B	Gold
	Ganesh KS	3 rd LL.B	Silver
	Dhruv	3 rd B.A.LLB -A	Bronze
High Jump	Athul	3 rd B.BA.LLB	Gold
	Syed Sazman	3 rd B.A.LLB- A	Silver
	Vikram	2 nd BA.LLB-A	Bronze
4x100mts Relay	Aadithyan and Team	3 rd B.A.LLB - B	Gold
	Dhruv and Team	3 rd B.A.LLB - A	Silver
	Hrithik and Team	5 TH BA.LLB - B	Bronze

ANNUAL SPORTS MEET – 2022-23
LIST OF THE PRIZE WINNERS
(WOMEN SECTION)

Event	Name of the Athlete	Class	Place Secured
100 mts	Flarvisha Monteiro	4 th B.A.LLB - A	Gold
	Bindushree	1 st B.B.A.LLB	Silver
	Jessica	1 st B.B.A.LLB	Bronze
200 mts	Bindushree	1 st B.B.A.LLB	Gold
	Yashmika		Silver
	Apeksha	5 th B.B.A.LLB	Bronze
400 mts	Nileesha Martis	2 nd LL.B	Gold
	Yashmitha	2 nd BA.LLB -A	Silver
	Preethishree	3 rd BA. LLB- B	Bronze
800 mts	Nileesha Martis	2 nd LL.B	Gold
	Sonu S	3 rd LL.B	Silver
	Shiva Darshini	1 st BA. LLB - B	Bronze
1500 mts	Bindushree	1 st B.B.A.LLB	Gold
	Nileesha Martis	2 nd LL.B	Silver
	Yashmitha	2 nd BA.LLB-A	Bronze
Long Jump	Flarvisha Monteiro	4 th B.A.LLB - A	Gold
	Sanjana S	1 st BA.LLB - A	Silver
	Sushana	5 th B.B.A.LLB	Bronze
Shot Put	Sanjana Naik	4 th B.A.LLB-A	Gold
	Hithakshi	3 rd BA.LLB- B	Silver
	Shravya	2 nd LL.B	Bronze
Discuss	Hithakshi	3 rd BA.LLB- B	Gold
	Prakruthi	4 th B.B.A.LLB	Silver
	Sushana	5 th B.B.A.LLB	Bronze
Triple Jump	Sushana	5 th B.B.A.LLB	Gold
	Simsa	1 st BA.LLB - A	Silver
	Bhagyashree	3 rd BA.LLB-A	Bronze
High Jump	Flarvisha Monteiro	4 th B.A.LLB - A	Gold
	Bhagyashree	3 rd BA.LLB - A	Silver
	Apeksha	5 th B.B.A.LLB	Bronze
4x100mts Relay	Bindushree and Team	1 st B.B.A.LLB	Gold
	Flarvisha and Team	4 th Year BA.LLB - A	Silver
	Nileesha and Team	2 nd LLB	Bronze

**SDM LAW COLLEGE, MANGALURU
PRIZE WINNERS
INDOOR AND OUT DOOR GAMES
(MEN SECTION)**

SL. NO	NAME OF THE EVENT	WINNERS	RUNNERS	Date of Competition
1	Chess	Mohammed Sahik- 3 rd BBA.LL.B	Mahammad Rafik- 3 rd BA.LL.B	03/02/2023
2	Badminton (Singles)	Manan Shetty - 2 nd BA.LL.B --2 nd BA.LL.B - B	Sheldon Hermon Tauro – 5 th BBA.,LLB	18/02/2023
3	Badminton (Doubles)	Manan Shetty and Pratham- 2 nd BA.LL.B - B	Sheldon Hermon Tauro and Sahithya D Chowta – 5 th BBA.,LLB	21/11/2022
4	Table Tennis (Singles)	Sheldon Hermon Tauro5 th BBA.,LLB	Sahithya D Chowta - 5 th BBA.,LLB	03/03/2023
5	Carrom Singles	Vishwa Vijeth- 5 th BA.,LL.B – B’	Abdul Wasie- 1 st BA.,LL.B- ‘B’	11/03/2023
6	Carrom Doubles	Shahil Sazman and Syed Malik –3 rd BA.,LL.B - A	Nishank and Harshith—5 th BA.,LL.B - B	21/03/2023
7	Football	2 nd Year LL.B 1.Nishan 2.Junaid 3.Manoj 4.Lohith 5.Gurunath 6.Vaishnav 7.Melson 8.Saif 9.Kyath 10.Vallish	1 st Year LL.B 1.Faizal 2.Shahad 3.Vikesh 4.Noushir 5.Preethesh 6.Rohan 7.Shrest 8.Akash 9.Akul 10.Chirag	22/03/2023
8	Volleyball	5 th BA.,LLB (B) 1.Nishank 2.Vishwavijeth 3.Harshith S 4.Ravish 5.Manjunath Nayak 6.Abdul Khadar Razi 7.Hrithik 8.Shounak Rai 9.Prasad Shetty 10.Diganth Jain	3 rd BBA., LL.B 1.Veekshith 2.Shiva Kamal 3.Atul Bangera 4.Sirin Thomas 5.Rahul Shetty 6.Pratham 7.Vaibhav 8.Suprath	13/11/2022
9	Tug of War	2 nd 3Years 1.Nishan 2.Junaid 3.Jayaprakash 4.Lohith 5.Harshith 6.Vaishnav 7.Melson 8.Saif 9.Kyath 10.Vallish	4 th BA.,LL.B – A 1.Shahajahan 2.Abhay Ranjith 3.Joston 4.Ashlesh 5.Naveen 6. Muhammad Haneen 7.Muhammad Afrid 8.Karthik 9.Sooraj Pai 10.Dhruv	28/10/2022
10.	Kabaddi	5 th BA.,LLB (B) 1.Nishank 2.Vishwavijeth 3.Harshith S	4 th BA.,LLB (A) 1. 1Karthik 2. .Shahajahan 2.Abhay Ranjith	14/10/2022

		4.Navaneeth Krishnan 5.Manjunath Nayak 6.Abdul Khadar Razi 7.Hrithik 8.Shounak Rai 9.Prasad Shetty 10.Diganth Jain	3. Rkshith Shetty 4.Ashlesh 5.Naveen 6. Muhammad Haneen 7.Muhammad Afrid 8.Rakshith 9.Sooraj Pai 10.Manohar HR	
11	Cricket	4 th BA.,LLB – A 1.Karthik 2. .Shahajahan 2.Abhay Ranjith 3. Rkshith Shetty 4.Ashlesh 5.Naveen 6. Muhammad Haneen 7.Muhammad Afrid 8.Dheeraj Kumar 9.Sooraj Pai 10.Dhruv 11.Rajath 12.Alen 13.Joston 14.Muhammed Firoz	2 nd 3Years 1.Khyath 2.Harshith 3.Melson 4.Saifuddin 5.Nishan6.Lohith 6.Vaishnav 7.Jayaprakah 8.Gurunath 9.Manoj 10.Ankith 11.Deepak 12.Arun G	11/10/2022

WOMEN SECTION

SL. NO	NAME OF THE EVENT	WINNERS	RUNNERS	Date of Competition
1	Chess	K Sneha Shenoy- 5 th BBA.LL.B	Pareekshitha J Shetty- 1 st BBA.LL.B	03/02/2023
2	Badminton (Singles)	Bindushree 1st BBA.LL.B	Nisha 4 th BA.LL.B–B A	18/02/2023
3	Badminton (Doubles)	Bindushree and Anusha 1st BBA	Nisha and Swasthi Shetty - 4 th B A.,LLB	21/11/2022
4	Table Tennis (Singles)	Bhagyashree BK - 3 rd BA.,LL.B - A	Nimna Thangamma – 4 th BBA.,LLB	03/03/2023
5	Carrom Singles	Nimna Thangamma T N- 4 th BBA.,LL.B	Pareekshitha J Shetty- 1 st BBA.,LL.B	11/03/2023
6	Carrom Doubles	Nimna and Rania Mathias - 4 th BBA.,LLB	Anusha and Pareekshitha- 1 st BBA.,LL.B	21/03/2023
7	Throwball	3 rd BA.,LL.B - A 1.Bhagyashree 2.Renita 3.Preethi 4.Preksha 5.Megha	5 th BBA.,LL.B 1.Yashaswini 2.Sushana 3.Lakshmitha 4.Deepthi Y 5.Apeksha 6.Thanvitha 7.Ashalatha 8.Aysha	22/03/2023
8	Volleyball	5 th BBA.,LL.B 1.Yashaswini 2.Sushana 3.Lakshmitha 4. Apeksha 5.Thanvitha 6.Ashalatha 7.Aysha 8.Sandhya	4 th BA.,LLB (A) 1.Sanjana Naik 2.Harshitha Jogi 3.Mahima 4.Wilma 5.Supreetha 6.Anusha	13/11/2022

		9.Shradha		
9	Kabaddi	5th BBA.,LL.B 1. Sushana 2. Thanvitha 3. Yashaswini 4. Ashalatha 5. Aysha 6. Apeksha 7.Sonika 8.Prathika 9.Anaga	1st 3Years 1.Archana Dency 2.Aishwarya 3.Nikhitha 4.Shruthi 5.Supritha 6.Sonali 7.Limitha K 8.Shrilaxmi 9.Varashree 10.Shridevi Shetty	28/10/2022
10	Tug of War	4th BBA.,LLB 1.Nimna Thangamma 2. 3. 4. 5. 6. 7. 8. 9.	3rd BBA.,LLB 1.Yashaswini 2.Simran Kola 3.Anusha Pinto 4.Jyothika 5.Raksha Bangera 6.Aishwarya U 7.Priyanka Thakur 8.Purva Pramod Shinde 9.Rishal D Souza	14/10/2022

**March Past winners - 1st Place- 1st Year B.A.LL.B- 'B'-Section
2nd Place—2nd Year B.A.LL.B- 'A'-Section
3rd Place— 3rd Year LL.B**

Individual Champions in the Annual Sports Meet in Men section is

1. Mr. Aadithyan M Mathew---3rdYear B.A, LL.B "B"-Section

Individual Champion in the Annual Sports Meet Women section is

2. Ms. Flarvisha Velisha Monteiro ---4th Year B.A,LLB 'A'-Section

ORIENTATION

This is the brief information about sports activities of college as well as Karnataka State Law University

.

INTER COLLEGIATE TOURNAMENTS

List of events in which Law University Inter Collegiate Tournaments Will be Conducted.

The events are as follows

1. Football for Men
2. Volleyball for Men and Women
3. Chess for Men and Women
4. Table Tennis for Men and Women
5. Basketball for Men and Women
6. Throwball and Tennikoit for Women
7. Kabaddi for Men and Women
8. Ball Badminton for Men and Women
9. Cross Country for Men and Women
10. Athletics for Men and Women
11. Wrestling for Men and Women
12. Weight Lifting for Men and Women
13. Power Lifting for Men and Women
14. Best Physique for Men
15. Taekwondo for Men and Women
16. Swimming for Men and Women
17. Cycling for Men and Women
18. Tennis for Men and Women
19. Shooting for Men and Women
20. Archery for Men
21. Fencing for Men
22. Judo for Men

23. Yoga for Men and Women

The Inter collegiate tournaments will be organized by various Law colleges across the state.

These events will be allotted by the University to the various colleges

The players will be selected for University team during Inter collegiate tournaments based on their performance

Winning team in Inter collegiate tournaments will get 25 points. Runners will get 15 points. Third place will get 10 points and 4th place 05 points. University Representatives will get 25 points. Attending University selection trials will get 10 points. These points will be counted for Overall Championship.

Athlete who create New records in Athletic Meet a cash award of Rs 5000 will be awarded.

Best Male and Female Athletes in Inter collegiate Athletic Meet will be awarded with cash of Rs 10,000.

Medals, Trophys and certificates will be provided by Law University for Inter collegiate winners.

Once you are selected to the University team, there will be coaching camp for 10 to 15 days at Law University campus.

Then you will proceed to the All India or Southzone Inter University tournaments.

The University will issue the certificates of representation at the end of every academic year.

You will be paid D A of Rs 500 per day and also will get Rs 100 per match for team events and Rs 200 for Individual events per heats or rounds. There will be a coach and Manager for escorting University team for All India or South Zone Inter University tournaments.

It is resolved to provide the students securing 1st to 8th place in All India Inter University Athletic Competition and students secured 1st to 4th place in Individual Events an award of Rs 1,00,000 (One Lakh) for each student.

In team events, team which secures 1st to 4th place in Inter University Tournaments an award of Rs, 2,00,000(Two Lakhs) to be distributed equally among students.

Apart from that, we also organized many Inter collegiate tournaments so far and won most of it.

I am very happy to say that, our college has secured 07 times Overall Championship in Inter collegiate tournaments so far and also awarded with Rs 01 Lack each time.

More than 120 students have represented Karnataka State Law University at All India or South Zone Inter University tournaments so far. The University will issue representation certificate to all.

INTER CLASS COMPETITIONS

As for as college sports activities are concerned, we conduct various indoor and outdoor sports events every year for men and women separately.

Only one team is allowed from each class for team events and any number of students can participate for individual event.

The list of events will be put up on notice board in due course.

During inter class competitions, based on your performance, you will be selected for college team for participating in law university inter collegiate tournaments.

The college will provide sports jerseys, DA and bare entire travelling expenses during Inter Collegiate Tournaments.

The winners in Individual events will be awarded with the Medals and certificates and winners in Team events will be given certificates. The prizes will be distributed during college day.

The college sports day will be conducted every year at Mangala stadium.

First 03 winners in each event will be provided Medals and certificates on same day.

The best male and female athletes will be awarded with Trophies and certificates during college day.

After completion of all the inter class competitions, the class which secures highest points in sports, Cultural and Literary competitions will be declared as Over All Champions.

For outstanding achievements in Sports, considering your all 5 years or 03 years performance, the Best Out going Sports Person of the year will be awarded with Mr, Shailesh Memorial Trophy along with cash prize every year.

Finally I conclude this session with these suggestions

Plz do participate in college team selections and exhibit your talent. Do yoga regularly. walk atleast 30 minutes every day or do any physical activity at your convenient time. Keep yourself fit always.

Before you leave this campus try to get atleast one medal either in inter class or Inter college competition.

If any clarifications with respect to sports activities contact me at any time either in staff room or in sports room. I request you all to visit college sports room once. You can spend your free time. You can play Table Tennis, Chess, caroms also.